



IMMACULATE HEART OF MARY PARISH

300 8th Avenue S, Martensville, SK

All things LENT!

Rev. Peter Ebidero

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www.ihmp.ca

Lenten Service Schedule

Tuesdays - Mass 930am, Confession following, Adoration 10am-5pm

Wednesdays - Mass 930am

Thursdays - Adoration & Confession 6pm, Mass 7pm

Fridays - Stations of the Cross 620pm, Mass 7pm

Saturdays - Reconciliation 415, Prayers of St. Bridget 430pm, Mass 5pm

Sundays - Reconciliation 1030-1050am, Prayers of St. Bridget 1030am, Mass



Join us as we Encounter the Power of the Gospel

Small Group Study

Tuesdays – 7pm

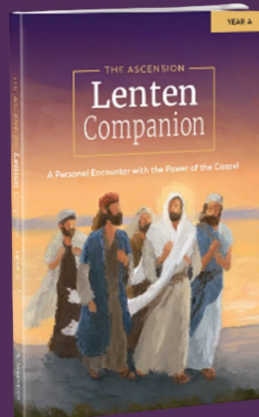
with Clarence Shul

Wednesdays – 7pm

with Michelle Christopher

Thursdays – 7:30pm

with Amanda Bosch



Sign-up
in the hall
or
Online:



Our program—The Ascension Lenten Companion—includes an inspirational journal and weekly prayer videos with Fr. Mark Toups. The Ascension Lenten Companion invites you into a transformational Lenten season that will help you walk with Christ more closely than you ever have before.

ADORATION OF THE BLESSED SACRAMENT

Tuesdays:

- * Following 9:30am mass until 5pm
- * Sign-up sheet available in hall.
- * 1/2 hour timeslots (you can choose to stay longer)
- * Minimum of 1 person present per 1/2 hour during exposition
- * Divine Mercy Chaplet will be recited during Tuesday Adoration for Lent

Thursdays:

- * Regular 6pm timeslot prior to 7pm mass

CONFESSION

Tuesdays

from 10am during adoration

Thursdays

6:10-6:45pm during adoration

Saturdays

4:15-4:45pm prior to 5pm mass

Sundays

10:30-10:50am prior to 11am mass

Stations of the Cross

Fridays at 6:20pm,
followed by 7pm mass

- February 24 - Sacristans
- March 3rd - Ministry of Care
- March 10th - Mom's Group/Children's Liturgy
- March 17th - Maintenance
- March 24th - Knights of Columbus
- March 31st - Youth Group

Fasting Friday

What (is the Law of Fasting?)



What (is the Law of Abstinence?)



No meat
(i.e., flesh and organs of mammals and fowls)



Fish and shellfish
are allowed

Catholic Fortress
facebook.com/catholicfortress

Children's Liturgy.

Children's Liturgy has so many special things for the kids this Lent!

We have a special program planned for the Lenten season – each Sunday will focus on a specific topic relevant to Lent .

Along with our Sunday learning and praying, we also have Lent kits available for families with kids to take home. It contains some activities, prayers, crafts and few other things that will help everyone in the family get ready for Easter!

Prayers of St. Bridget

Recited prior to mass during Lent
Saturdays @ 4:30pm
Sundays @ 10:30am

Pieta Prayer Books containing the St. Bridget prayers are available in the hall (large format also available)

—Encounter Jesus—

Immaculate Heart of Mary Parish, Martensville, SK